

ST. MICHAEL'S ROMAN CATHOLIC CHURCH

20 Page Avenue ~ Cohoes, N.Y. 12047

July 14, 2024

MISSION STATEMENT:

To enhance and promote the fulfillment of St. Michael the Archangel, we will:

CELEBRATE THE PAST:

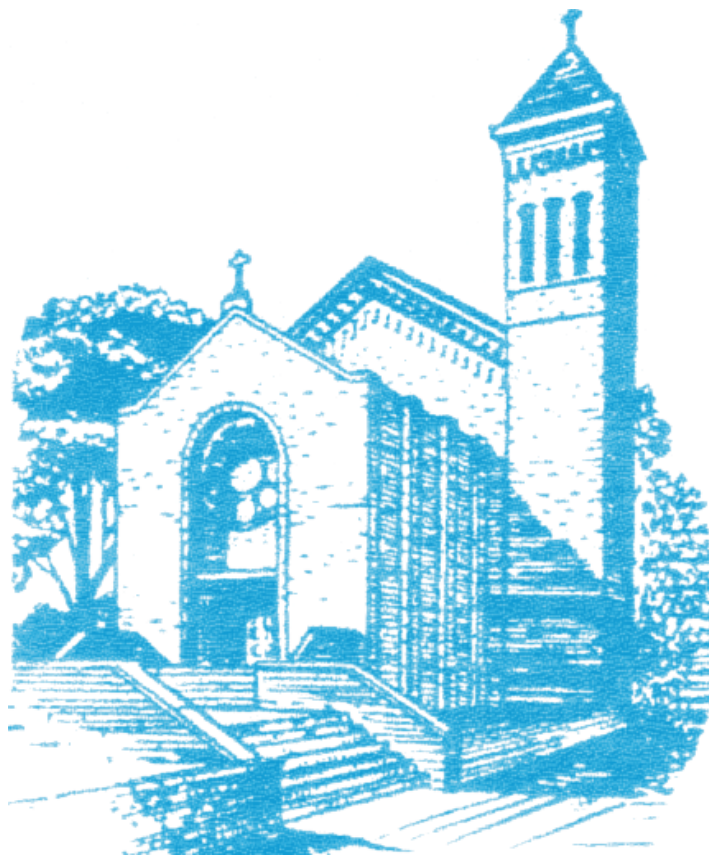
By examining, studying and capturing the history of the men and women, religious and lay, who established, nurtured and built it and all of its facets;

LEARN TODAY:

By learning from their faith, vision, passion commitment and actions so that we may better understand our history and their legacy;

PREPARE FOR TOMORROW:

By renewing the parish and its religious and lay leaders and its lay members; build on the legacy of the past and use our present strengths and abilities to help St. Michael's be a shining example and light of Christ and our history for all we touch.



Handicapped Accessible

MASS SCHEDULE:

Daily Eucharist: as stated in the bulletin

Lord's Day Eucharist:

Sunday: 9:00 am (English)

2nd & 4th Sunday of the month – some Polish

Eve. of Holy Days – Consult Bulletin

SACRAMENT OF RECONCILIATION:

By appointment – call the Parish Office (518) 237-5151.

SACRAMENT OF BAPTISM: By arrangement with the

Parish Office. Parents should be registered and active members of the Parish.

SACRAMENT OF MATRIMONY: The Bride and Groom should call the Parish Office at least six months before the date of the marriage. Please bring recent copies of your Baptismal certificate. Those under 21 should not set a marriage date until Diocesan permission has been obtained.

PASTORAL CARE OF THE SICK: We want to assist those who cannot celebrate Mass with us because of illness, age or handicap. If you or a family member desires to receive the Sacrament of Reconciliation, Eucharist or Anointing of the Sick at home or in the hospital, please call the PARISH OFFICE. In the event of an upcoming surgery, call the Parish Office to arrange a mutually convenient time for Anointing. By LAW, hospitals cannot notify us when parishioners are admitted. If you or a family member is hospitalized, please notify us.

PARISH MEMBERSHIP: We ask every member of the parish to be properly registered. All adults should have and use envelopes or e-giving. New members need to register as soon as possible. All address changes should be given to the Parish Office.

PARISH STAFF:

Very Rev. Brian Kelly

Pastor

Rev. Kyle Gorenski

Parochial Vicar

E-mail address: kyle.gorenski@rcda.org

Kathleen Burns, Faith Formation: (518) 428-6353

CONTACT: Parish Office: (518) 237-5151

Summer Office Hours: Mon., Tues., & Wed. 9:30am-12pm

Church Hall: (518) 237-7121

E-mail address: info@stmichaelsofcohoes.org

Website: www.stmichaelsofcohoes.org

Bulletin: bulletin@stmichaelsofcohoes.org

Cemetery: cemetery@stmichaelsofcohoes.org

Church open hours: Mon. 8:30am-10am, Wed. 8:30am-10am, Sun. 8am-10:30am (closed Tu., Th., Fri., & Sat.)

July 14, 2024



THANK YOU... TO ALL WHO SHARED THEIR TIME, TALENT AND TREASURE FOR THE GOOD OF OUR PARISH COMMUNITY LAST WEEK.

**Reflection for July 14, 2024
the 15th Sunday in Ordinary Time.**

Dear brothers and sisters,

Today, we reflect on the Gospel of Mark, chapter 6, verses 7 to 13. In this passage, Jesus sends out the twelve disciples, giving them authority over unclean spirits and instructing them to take nothing for their journey except a staff—no bread, no bag, no money in their belts. They were to wear sandals but not put on two tunics. Jesus said to them, “Wherever you enter a house, stay there until you leave the place. And if any place will not welcome you and they refuse to hear you, as you leave, shake off the dust that is on your feet as a testimony against them.” The disciples went out and proclaimed that all should repent. They cast out many demons, anointed with oil many who were sick, and cured them. First, let us consider the act of sending. Jesus does not keep His disciples close to Him for comfort or security. Instead, He sends them out into the world. This sending is a vital part of discipleship. To be a follower of Christ means to be sent into the world, to bring His message of love, repentance, and healing to all we encounter. It is a reminder that our faith is not just for ourselves; it is to be shared. Jesus’ instructions to take nothing for their journey except a staff highlight the importance of reliance on God. In a world where we often seek security in material possessions, Jesus calls us to trust in divine providence. The disciples were to depend on the hospitality of others and, more importantly, on God’s provision. This radical dependence on God challenges us to examine where we place our trust. Do we trust in our resources, our abilities, or do we place our trust in God’s faithful provision? The instruction to shake off the dust from their feet if they are not welcomed is a powerful one. It teaches us that while we are called to share the Good News with everyone, we will not always be received warmly. Rejection is a part of the journey. When faced with rejection, Jesus advises us to move on, not carrying the burden of that rejection with us. This is a lesson in resilience and perseverance. We are to continue our mission with the same zeal and love, regardless of the obstacles we face. The actions of the disciples—proclaiming repentance, casting out demons, anointing the sick, and healing—underscore the holistic nature of Jesus’ ministry. The message of repentance is central to our faith, calling us to turn away from sin and turn towards God. The casting out of demons and healing of the sick demonstrate the power of God’s kingdom breaking into the world, restoring wholeness and peace. As we reflect on this passage, let

Weekly Contributions

June 30, 2024 (TOTAL)	\$2,833.00
July 2, 2023 (Total)	\$2,719.00
July 2, 2023 (Regular Offertory only)	\$2,215.00
Regular Offertory*	\$2,681.00
Parish Building Improvements	\$62.00
Other 2 nd collections	\$90.00
*Regular Offertory:	
9:00am Mass & Mail	\$2,371.00
E-giving	\$310.00

Weekly operating expenses (minimum needed): **\$4,390.71**
For the week shown above, we felt short of our weekly budget by \$1,557.71

COUNTING TEAM FOR JULY 15TH: Diane Aberle, Mary Walsh, & Julia Clairmont.

WEEKEND MASS ATTENDANCE - July 7, 2024:

Sunday, 9am 96

WEEKEND MASS ATTENDANCE - June 30, 2024:

Sunday, 9am 98

HOLY COMMUNION FOR THE HOMEBOUND: If you are unable to attend Mass and would like to have communion brought to you at your home, call John Harrington at (518) 237-5158.



The **50/50 WINNER** for the month of June is **Doris Vojnar** for **\$86**. Congratulations! Thank you to everyone who participated.

Liturgical Roles⁺

July 21st, 2024

	Lectors	Extraordinary Ministers	Sacristans
Sun. 9:00AM	V. Cappabianca	E. Kosek, Jr.	J. Harrington

(reflection continued)

us consider how we are being sent by Christ today. Where is He calling us to bring His message of hope and healing? How can we rely more fully on God’s provision and less on our own understanding? And how can we respond to rejection with grace, knowing that our mission is to continue sharing God’s love regardless of the response?

Your Brother in Christ
Fr. Kyle

July 14, 2024

CALENDAR OF EVENTS

Prayers to Our Lady of Fatima

August 13, 6pm

PRAYERS TO OUR LADY OF FATIMA: The Rosary Society is hosting prayers to Our Lady of Fatima on the 13th of the month. A handout of the prayers is provided. All are invited at 6pm on Tuesday, **August 13th**.



PARISH OFFICE SUMMER HOURS: The Parish Office will be open on Mondays, Tuesdays, and Wednesdays from 9am to 12noon for July through September.

FAITH FORMATION REGISTRATION: Registration for Faith Formation for the 2024-2025 school year opens soon. All children in Kindergarten to 10th grade are encouraged to register. Currently registered families will be sent a mailing. Please contact Kathleen Burns for information or questions (518) 428-6353.

SACRAMENT OF RECONCILIATION: Confession is available at St. Michael's Church by appointment. Please call the Parish Office at (518) 237-5151.



NEWS FROM OTHER ORGANIZATIONS

ANNUAL PICNIC: Polish National Alliance Group 1684 will hold its annual picnic on Saturday, **July 27th** at The Peebles Island Pavilion from Noon until 5:00pm. Members are free, and non-members are \$10. Please contact Marian Wiercioch at (518) 235-5549 if you plan to attend.

SAVE THE DATES: Diocesan Men's & Women's Conference dates and new location are set. Keynote speakers are almost finalized. Step Up Men's Conference: Second Saturday in August - **August 10, 2024** at St. Edward the Confessor in Clifton Park. Women - NOTE: New month / date to avoid hecticness of Advent. Unleashing Love Women's Conference: Third Saturday in October - **October 19, 2024** at St. Edward the Confessor in Clifton Park. More details to come. Stay tuned! For more information, please contact Thomas G. Cronin, Director of Evangelization & Strategic Planning by email at Thomas.Cronin@rcda.org or visit the website <https://www.rcda.org/offices/pastoral-planning>.

BLACK CATHOLIC APOSTOLATE 40TH ANNIVERSARY CELEBRATION: On Sunday, **August 11th** at 10:15am Mass at St. Joan of Arc Church, 76 Menand Rd., Menands, NY 12204. Bishop Edward Scharfenberger will preside. For more information, call (518) 463-0378, send an email to sjoa@nycap.rr.com, or visit www.rcda.org/sjoa-bca.com.

Did you know... The Polish missalettes are in the bookcase in the back of the Church near the elevator.



CEMETERY UPDATE: Now that the roads have been completed, please clean up your plots. Your assistance is greatly appreciated. Anything left on the ground will be disposed of. Please follow the posted rules - if you would like a copy we have them at the Parish Office. A portion of the rules is listed below; if you have any questions or need clarification please contact the Parish Office at (518) 237-5151. The rules and regulations for our cemetery are in accordance with the Albany Diocesan Cemeteries.

Permitted:

- Artificial floral pieces on monuments only.
- Potted Plants on the base of the monument.
- Flags will be allowed on graves sites for one month (30 days) following Memorial Day.
- Flush Markers: All Flush Markers shall be set so that the top is flush or level with the ground. This includes Family and Military Markers.

Not Permitted:

- The planting of trees, shrubs or flowers on any lot or grave, including artificial flowers.
- Existing trees or shrubs that are not maintained or are overgrown will be removed by the owner or will be removed by the cemetery at the owner's expense.
- Urns and flower boxes.
- Glass items, statues, and plastic ornaments.
- Stone, marble or wood chips.

LIGHTING A CANDLE FOR A LOVED ONE: Candles are very powerful in our faith. We light a candle for someone we love, to remember a loved one we miss, for someone who needs our prayers, etc. It can be something that really connects us with God. We invite you to light an electric votive candle at St. Michael's Church, spend a moment with our Lord (red candles) and our Lady (blue candles), and say a prayer. If you wish to find out more about our Electric Candles donations please call or stop by the parish office. Instructions also are on the donation box with the candles.

Did you know that these candles can be lit for a month (\$25) or for a year (\$200)? We are including the monthly and yearly candle intentions intermittently in the bulletin as space allows.

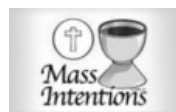


July 14, 2024



Fifteenth Sunday in Ordinary Time

July 13 – July 21, 2024

Mon., July 15	Saint Bonaventure, Bishop & Doctor of the Church
9:00 a.m. <i>(Fr. Gorenski)</i>	For the intentions of Tom VanSchaich
Tues., July 16	
5:30 p.m. <i>(Fr. Gorenski)</i>	(Mass at Holy Trinity)
Wed., July 17	
9:00 a.m. <i>(Fr. Gorenski)</i>	† <i>Anne Marie Sgroi (Anniv.)</i> by Family † <i>Bunk Family</i> by Pat Wilcox
Th., July 18	
9:00 a.m. <i>(Fr. Gorenski)</i>	(Mass at Holy Trinity)
Fri., July 19	
9:00 a.m.	(Mass at Holy Trinity)
Sat., July 20	
4:00 p.m. <i>(Fr. Gorenski)</i>	(Mass at Holy Trinity)
Sun., July 21	Sixteenth Sunday in Ordinary Time
9:00 a.m. <i>(Fr. Gorenski)</i>	† <i>Mary Zandri</i> by Family † <i>Martha Fitzgerald</i> by Colette Murray † <i>Julie Naglieri</i> by Barbara Smith † <i>Denise Rosecras LeQue</i> by Tony & Sandie LePage
10:30 a.m.	(Mass at Holy Trinity)



Please note: Masses listed above are at St. Michael's Church unless noted otherwise.

	SANCTUARY CANDLES	
<u>Week of July 15 – July 21</u>		
CHURCH:		
Main Altar (tabernacle): People of the Parish.		
Sacred Heart (side altar): People of the Parish.		
Blessed Mother (side altar): In honor of Peter Turner to continue to have Good Health by Joan & Gil Senecal.		

July 14, 2024

St. Michael's

Faith Formation News

Director: Kathy Burns - FFsmCohoes@rcda.org

(518) 428-6353

Continued from last week, July 7th

AN ACT OF SPIRITUAL COMMUNION

For those who may be unable to attend Mass (or for whatever reason cannot normally receive Holy Communion) the Church has an ancient practice known as 'Spiritual Communion'.

A Spiritual Communion is different from an actual or Sacramental Communion, in which we receive the Real Presence of Jesus in the Holy Eucharist.

To make a Spiritual Communion is to make a 'Communion of desire', when receiving the Lord in Holy Communion is not possible.

Pope St. John Paul II was a great advocate of spiritual communion. He wrote in his encyclical *Ecclesia de Eucharistia*: "It is good to cultivate in our hearts a constant desire for the Sacrament of the Eucharist". This was the origin of the practice of 'Spiritual Communion,' which has happily been established in the Church for centuries and recommended by saints who were masters of the spiritual life. St. Teresa of Jesus wrote: "When you do not receive communion and you do not attend Mass, you can make a spiritual communion, which is a most beneficial practice; by it the love of God will be greatly impressed on you." The Church recommends making spiritual communions as often as possible, even if we are still able to participate in Mass that day. There are many prayers that can be used to make a Spiritual Communion and to stir up a holy desire for that union with Jesus, but perhaps the most famous is the one written by St. Alphonsus.

Act of Spiritual Communion by St. Alphonsus Liguori

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen.

-EWTN.com

Prayer before a Crucifix

On each of the Fridays of Lent, a plenary indulgence is granted to the faithful who, after Communion, recite the "Prayer Before a Crucifix": Look down upon me, good and gentle Jesus while before Thy face I humbly kneel and, with burning soul, pray and beseech Thee to fix deep in my heart lively sentiments of faith, hope and charity; true contrition for my sins; and a firm purpose of amendment; while I contemplate with great love and tender pity Thy five most precious wounds, pondering over them within me while I call to mind the words which David Thy prophet said of Thee, my Jesus: "They have pierced My hands and My feet, they have numbered all My bones. Amen.

-<https://materdeiparish.com>

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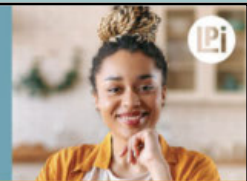
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